

# Healthy skin in 20 minutes - Charcoal and Ashwagandha Face Mask

Excessive workload, increasing pollution, and dehydration leave our once clear skin looking dull. Pimples, hyperpigmentation, clogged pores, and blemishes are the most common occurrences for women and men alike. With a range of products constructed to deal with one problem at a time, money can be a big issue. Your skin needs an all-in-one magical skin-care product for all your concerns.

## An amalgamation of powerful ingredients

With a bunch of active components, get that deep cleaning you deserve.

### 1. Charcoal

The magic of charcoal in the beauty industry is not unknown. Packed with properties to remove bacteria and other impurities, charcoal aids in combating acne. Controlling oil production, it can make your skin healthy and glowy.

### 2. Bentonite Clay

Imagine a sponge that absorbs any unwanted liquid. In the same way, this active ingredient works by soaking up excess oil and sebum. Oil plays a significant role in making your skin break out. Furthermore, its detoxifying properties make it ideal for infection-prone skin.

### 3. Ashwagandha

As a source of promoting hyaluronan and collagen production, Ashwagandha effectively slows down the presence of fine lines and skin aging. The anti-inflammatory and anti-microbial properties make it the perfect aid for rejuvenating your skin.

## A lustrous skin is just one step away.

All of the answers to your skin concerns lie within [The Charcoal and Ashwagandha Face Mask](#). Before using, it is essential to remember that using metal spoons is not recommended for mixing. That's why the wooden spoon that comes along must be used for mixing.

Apply on dry skin and keep it on for 20 minutes before rinsing it off. Blend the mask with water, rose water, or honey for optimal results.